

| South Island  Bench Only  Championships | | |
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| **Awarded to:** %NAME% | **Category:** %GENDER% | **Equipment:** %EQUIP% |
| **Placing:** %PLACE% | **Age group:** %DIV% | **Weight Class:** %CLASS% |

|  | **Bench:** %BENCH% |  |
| --- | --- | --- |



| | **Congratulations from:** |  | | --- | --- | | ***Jana Hayes, President, Canterbury Powerlifting Association*** | | | |
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